



## Paramahansa Yogacharya Maha Yogi

Paramahansa Yogacharya Maha Yogi is one of the most accomplished Yogis in the West. He has spent most of his life serving humanity, helping students achieve radiant health and spiritual development through Yoga practice.

He was born in Baku, Azerbaijan, in 1958. He studied Cybernetic Economics in the Moscow Institute of Economics between 1975 and 1980. He graduated in 1980 with Bachelor Degrees in Economics and Mathematics. He completed his Master's Degree in 1984 and began teaching at the Institute of Economics. He completed his Ph.D. in Philosophy in 1994.

Paramahansa Yogacharya Maha Yogi first began his studies on Yoga when he was 7 years old and at age 14 he started practicing Yoga regularly. His interest in Yoga and Far East philosophies developed and led him to settle down in India in 1989. He learned the Sanskrit language and became an expert on *Veda* and *Yoga* philosophy. He was educated by many Yoga Masters in India and advanced to the Yogi stage. He lived in the Himalayas and was educated by true Yoga Masters who had lived for a considerable length of time in the Himalayas. These are the Himalayas where true Yoga Masters reside. He learned the secret philosophy and techniques of the Original Yoga System.

Paramahansa Yogacharya Maha Yogi began instructing Yoga education in the Yoga Academy which he founded in India in 1994. In 1995 he was given the title of

The title *Paramahansa* is given to enlightened sage. A swan feels comfortable both on the water and on land. In the same way a real sage feels comfortable on the material as well as the spiritual level. In yoga literature a swan represents purity, spirituality and transcendence. Also the swan is a symbol of fortitude, discipline, gentleness and tenderness.

The swan is the only bird which has the ability to fly over the Himalayas.



Paramahansa Yogacharya Maha Yogi teaches the Original Yoga System and embodies the virtues of the discipline: kindness, patience, humility, fortitude, righteousness, humor, selfless service, *Ahimsa* (nonviolence), compassion and understanding for all. Like many early Great Yoga Masters, much of his teaching is imparted nonverbally; it is said that students can feel the truth and make rapid improvements simply by being in his presence.

Paramahansa Yogacharya Maha Yogi has initiated hundreds of thousands of people into Yoga practice. He is known as 'the Ultimate Teacher of Teachers', 'Great sage Patanjali of today' and 'the Cornerstone of Yoga'. He is recognized as a leading force in the field of Yoga.

Paramahansa Yogacharya Maha Yogi has taught in many institutions, among which are Bilgi University and Bosphorus University, and is still currently teaching in several institutions. His main focus continues to be his work of relaying his

*Maha Yogi*, meaning "Great Yogi" by the Great Yoga Master Maha-Vishnu Mahesh Yogi, who lives in the Himalayas.

In 2007, Paramahansa Yogacharya Maha Yogi was given the title of *Yogacharya*. *Yogacharya* is a combination of two words in Sanskrit: *Yoga* and *Acharya*. The word *Acharya* means "skilled," "Master," "example," "key," or "opener." Thus the meaning of *Yogacharya* is "Yoga Master," "the key person to the secrets of Yoga," or "the person who opens the door that leads to the summit of Yoga."

In 2009 Paramahansa Yogacharya Maha Yogi was honored with the title of *Paramahansa*. This is a Sanskrit word which is a combination of two words: *Parama* and *Hansa*. *Parama* translates as 'superior' and *hansa* as 'swan', so the Sanskrit word *Paramahansa* translates as 'Superior Swan'.

A swan has a special ability which is to separate milk from water while it is drinking the mixture. Likewise a *Paramahansa* can separate reality from illusion in every moment of time; that is the *Paramahansa* can distinguish between the spirit and matter. Where does matter finish and the spirit begin and where does spirit finish and matter begin? A *Paramahansa* has solved this mystery..

knowledge and experience to people in the Yoga Academy which he has founded in Turkey.

Paramahansa Yogacharya Maha Yogi's books and CD's are available in Turkish.

For your questions on Yoga, Paramahansa Yogacharya Maha Yogi's contact information is below:



Paramahansa Yogacharya Maha Yogi  
Yoga Academy  
Gsm: 0535 234 51 66  
[paramahansa@yogaakademi.com](mailto:paramahansa@yogaakademi.com)  
<http://www.yogaacademy.com.tr/>  
<http://www.yogaforumsite.com/>

