

# Guided Visualization Meditation and Affirmations for Manifestation

*“Whatever the mind can conceive & Believe, It can achieve”  
~Napolean Hill*



## The Center

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**Pre-registration &  
Advanced Payment  
required.**

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You may have heard about *“The Law of Attraction”* and have even seen or read about *“The Secret”*. In this workshop you will discover how to utilize the law of attraction and allow the best into your life by freeing yourself from the negative thoughts and feelings that attract the opposite to what you want. The law of attraction states that whatever you think about with emotion will be drawn into your life.

Think about what you want to accomplish in your life in 2009, then come and learn a simple step by step process of guided visualization for manifestation that takes only minutes a day. In this workshop we will explore how to create and utilize affirmations to enhance this process. You will be given a guided visualization meditation script to take home so you can begin to use this wealth of knowledge to create the life you want!

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