

ABOUT PEMF

Pulsed Electromagnetic Field therapy (PEMF) is a non-invasive, safe, and effective therapy for both the treatment of pain and regenerative medicine. PEMF is approved by the FDA and is widely used in hospitals, clinics, and by professional athletes around the world because of its effect on both the cellular membrane and intracellular mitochondria...The basic building blocks for all of life.

A four-year NASA study shows PEMF Therapy is more effective than lasers, LEDs, static magnets, and other forms of “Energy” for healing and repairing tissue.

PEMF is one of the most scientifically researched and documented field of energy medicine with over 30,000 studies, including 2,500 placebo-controlled, double-blind studies proving the applicability and efficacy of PEMF using safe, low frequency, low intensity, pulsed electromagnetic fields for the treatment of injuries and disease including some cancer cells.

PEMF also plays an important role in the topics of longevity, prevention, and well-care due to its direct impact on the cells, its ability to increase ATP production (cellular energy), improve oxygenation, increased circulation, detoxification of the body, and effectively assisting in the absorption of nutrients. All of this adds up to improved health and longevity of life.

HOW IT WORKS

The PEMF machine produces electromagnetic fields by pulsing a current through an attachment or coil. This creates magnetic fields which vary in frequency, and intensity depending on the settings of the machine and the attached coil, mat, or pad.

The generated electromagnetic fields then penetrate the body and induce tiny electrical currents which stimulates cellular metabolism and repair, promoting improved cellular function and health.

WHAT TO EXPECT

Before and after treatment drink plenty of water. This will enhance the treatment and help to avoid “die off” (see below).

A PEMF treatment will last 20 minutes on average but can range from 5-30 minutes. depending on individual circumstances and conditions.

Therapy may be conducted sitting in a chair or lying down on a massage table fully clothed.

Your Practitioner will place a coil or other attachment (like a mat, or paddle) positioned near or directly on the part of the body requiring treatment. Additional attachments may be added to support overall health.

You may experience slight tingling and light pulsations during the session. Most people see evidence of results after the first treatment, this could be immediate or up to 24 hours after treatment. The more obvious is noticeable reduction of pain and inflammation, better color especially if bruised, better range of motion and more. Additionally, some individuals notice added benefits such as better sleep, more energy and relaxation.

Because PEMF also detoxifies the body it is important to note that some individuals can experience what we term as “die off” this is caused by the death of a pathogen in the system and detoxification occurring faster than the body can eliminate. Symptoms can include flu like symptoms, headache, brain fog and/or fatigue but does not last long. Hence the importance of plenty of water after a treatment to avoid this.

Treatment frequency will depend on the individual and specific conditions. Recommendations on your specific conditions and goals will be discussed at the time of first treatment.

CONTRAINDICATIONS

PEMF is not for you If you are pregnant, have any electrical implanted devices (Pace Makers or any device that cannot be x-rayed) or have epilepsy.